

Key Steps to Take Before Leaving Your Job

JESSEL JONES



10 Key Steps to Take Before Leaving Your Job (Money + Finances)

Set a walk-away date
Calculate how much you need to live monthly
Multiply that by 6–12 months
Track your current savings
Cut unnecessary expenses
Pay off or reduce any high-interest debt
Create a "transition budget" (life + business costs)
Set up a separate bank account for your business
Start saving for your exit weekly or monthly
List out financial responsibilities you can pause or adjust



10 Key Steps to Take Before Leaving Your Job (Mindset + Clarity)

	Write your "Why I'm leaving" statement
	Journal how you want to feel after you leave
	Identify your biggest fear about leaving
	List 5 things you've already overcome
	Define what success looks like for you
	Start acting like the person who already made the move
	Block time weekly for personal development
	Find 2–3 people who support your decision
	Join a community of people on the same journey
П	Pray, meditate, or reflect on this decision consistently



10 Key Steps to Take Before Leaving Your Job (Business Prep + Strategy)

Choose what service or product you'll focus on
Start testing your idea with real people
Get feedback and refine based on that
Build a simple offer or starter package
Choose your business name and register it
Draft a one-page business plan
Research your ideal customer
Set up your business social media or landing page
Identify at least 2 streams of income
Schedule your first sales or discovery call



Thank You!

I hope this checklist helped you feel more clear about your next steps. If you're planning your exit or even just thinking about it, I'd love to hear where you're at. Message me anytime. I'm rooting for you. My contact details are below.

1-868-341-5290

Jessel Jones

WWW.JESSELJONES.COM